

Parents as Teachers PROGRAM SERVICES

Personal Visits

MRH Parent Educators, who are specially trained in child development, make personalized home visits.

Group Meetings

Group meetings provide a time to share child development information and parenting issues with parents and to enjoy learning activities with your child.

Screenings

Developmental screening is offered to assess your child's overall development as well as health, hearing and vision.

Referral Network

PAT helps link families to other community services.



Why enroll in PARENTS AS TEACHERS?

- You are your child's first teacher and your home is your child's first classroom.
- Your baby will learn more during the early years than any other time in life.
- Parents as Teachers can help you lay a strong foundation for your child's future success in school.
- Parents as Teachers is offered at no cost to all interested parents in the district.

ENROLL NOW!

Call
(314) 378-1774
to enroll



Benefits of PARENTS AS TEACHERS

A recent follow-up study indicates that the Parents as Teachers program produces lasting benefits for children and families.

- PAT children were significantly more advanced in language, problem solving and social development at age 3.
- PAT children had significantly higher scores on reading and math standardized tests than did children not participating in the program.
- Parents stay more involved in their child's education, both at school and at home.
- Parents are more confident in their parenting skills and knowledge.



MRH Parents as Teachers



Your child was born to learn!

Birth to 5

(314) 378-1774



Please detach and return to:



Parents as Teachers
MRH Early Childhood Center
2801 Oakland Avenue
Maplewood, Missouri 63143
Main Office: (314) 644-4405

The minute your child is born, he wants to learn. You are his best teacher.

As a parent, it can seem like your baby was born to sleep. And eat. But your child also has an appetite for learning. In fact, brain development is at a peak level from the prenatal stage to 5 years of age, which gives you a critical role in shaping their young mind.

And Parents as Teachers (PAT) can help you through each stage of your child's early development. PAT is a national program available to all parents in the Maplewood Richmond Heights School District from pregnancy until age five.

PAT is a priceless opportunity that is absolutely free and voluntary and helps you understand your child's development.



Figuring out how to teach a child is a learning process for any parent. Your PAT Parent Educator helps you encourage your child in learning by utilizing the *Born to Learn* curriculum.

This proven educational approach, based on brain development research, was developed by neuroscientists at Washington University School of Medicine in St. Louis in conjunction with PAT National Center.

With our resources and guidance, you'll be able to look into your child's eyes and see her full potential.

Before a Parent Educator can offer a parent one word of advice, they must pass a certification process at PAT national headquarters and earn continuing education credits.



As your child grows, you'll be faced with a bundle of questions like, "Why is my baby waking up just as I'm going to bed? What do I feed a picky eater? When can I start toilet training my child?"

PAT provides parents insights, information and strategies to answer some of these questions during personal visits and parent group meetings. During group meetings you might meet sleep experts, nutritionists and other early childhood specialists who will help guide you through various stages of child development.

Social interaction is a vital aspect in your baby and toddler's development. One way to strengthen this area is to give your child opportunities to interact with other children from various backgrounds during our weekly playgroup.

From our first event in the fall to the Friday morning playgroups, each event provides a safe and nurturing environment where you can observe your child learning life skills such as sharing, interaction with peers and problem solving.

One common result from our developmental screening is peace of mind.

It's reassuring to know that PAT offers yearly screenings to make sure your child is on track. If any concerns do arise, we provide parents with referrals for the best follow-up services available. Early intervention can help avoid other developmental issues later in life.

To learn more about Parents as Teachers in the Maplewood Richmond Heights School District, call (314) 378-1774.



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MRH Early Childhood Center**
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MRH Parents as Teachers

Parent(s) Name: _____ Zip: _____

Address: _____ City: _____

Home Phone: _____ Work: _____ Cell: _____

Email: _____

Child's Name: _____ DOB/Due Date: _____

Child's Name: _____ DOB/Due Date: _____

Where did you hear about Parents as Teachers? _____