

This Week in Guidance

Week of September 14, 2009 Issue #4

If a student and/or their parent would like, we would be happy to mail you an issue or email you a copy of This Week in Guidance. Just let Mrs. Johnson in the guidance office know.

Financial Aid Night

FAFSA - Free Application for Federal Student Aid - A FAFSA night will be held at MRH High School on **October 21, 2009 from 5:30 – 7:00** in the high school cafeteria. A financial aid counselor from UMSL is coming to speak personally about the financial aid process. All grades are invited to come learn about the FAFSA application process. Come prepared with questions.

College Night

MRH will be sponsoring a college night on **September 30, 2009 from 5:30 to 7:00PM** in the high school cafeteria. A representative from Truman State University will be coming to speak all about the application process at any school. This is open to all grade levels. Come learn the basics of applying to college.

Night School

Ferguson Florissant School District offers night classes for students who might need a credit recovery class or just one more credit to graduate. Classes begin Sept. 28, 2009. Registration is August 24 – September 8 and the cost is \$75.00. Students should see their counselor for more information.

Upcoming College Visits

September 17, 2009

Maryville University

11:00 – 12:00

College Informational Sessions

Washington University in St Louis admissions informational session. Washington University invites you to meet with a representative of the Office of Undergraduate Admissions on Thursday, October 8, 2009 from 7:00 – 8:00PM, Room 100, Whitaker Hall, Washington University, near Skinker Blvd. and Forest Park Parkway. They will acquaint you with academic programs, life on campus, and how to apply for admission and financial aid assistance at Washington University. No reservation is needed, call 314-935-6000 for more information.

Brown University invites students and parents to An *Introduction to Brown University*, Tuesday, September 22, 2009 at 7:00PM. To be held at The St. Louis Public Library, Carpenter Branch, 3309 S. Grand Blvd. The meeting will be to acquaint students and parents with Brown's unique qualities, both academic and extracurricular, and to provide a perspective on the sometimes mystifying admission process.

The **University of Pennsylvania** invites students and parents to an Introduction to Penn informational session. Oct. 4, 2009, 7:00PM, Renaissance St. Louis Grand and Suites Hotel, 800 Washington Ave. The speaker will speak on admissions and undergraduate life at Penn.

College Fair

University City High School is hosting the **Missouri Association for College Admission Counseling (MOACAC) College Fair** this year. The College Fair will be Monday, September 21, 2009 beginning at 7:00PM in the gym of U City High School, 7401 Balson Ave. Approximately seventy colleges from Missouri, Illinois, Iowa, and other states will be in attendance. Call 314-290-4111 for more information.

2009 Fall National College Fair in St. Louis The NCF will be held Sunday, October 18, 2009 from 12:00 – 3:00PM at Saint Louis University Simon Center, 3639 Laclede, St. Louis, MO 63108. Over 200 colleges are expected to be present at this fair. If you need transportation to and from the fair, we can provide you with a ride. Sign up with Mrs. Johnson in the guidance office.

ITT Technical Institute

The ITT Technical Institute would like to announce the Partners in Education program. The program will incorporate the high school to college transition concept that offers high school seniors an opportunity to receive an education in a wide range of programs. Students will be exposed to a different educational environment with emphasis on career training, team performance work, ethics and attitudes. Students will be able to enter third quarter of ITT-Tech's Information Technology programs at no cost. See your counselor for more information.

Future Females in Transportation

The WTS Metropolitan St. Louis Chapter is excited to offer an opportunity for female high school students to participate in their "Future Females in Transportation Day" on October 2, 2009 from 9:00AM to 3:00PM. Participant candidates must be junior or senior female students with an expressed interest in pursuing a college education in engineering, architecture, math or science. You need to be nominated by your math or science teacher or your counselor. The program will be held at MoDOT's Transportation Management Center in Chesterfield. You will tour the new I-64 construction project. After the tour, you will return to the TMC for lunch and a panel discussion with women in the transportation industry. If you are interested see Mrs. Johnson or Ms. Metcalf.

Scholarships

1st Financial Credit Union has designed the Horizon Scholarship to encourage financial literacy and promote higher education. This is a \$1000 scholarship awarded to one graduating high school senior. Applications must be a member of 1st Financial Credit Union. Completed applications must be postmarked by April 3, 2010.

Prudential Spirit of Community Award If you've made a difference by volunteering in your community over the past year, you could win \$1000 and a trip to Washington DC. By applying for a Prudential Spirit of Community Award. To apply go to <http://spirit.prudential.com>, click on "apply now" and follow the instructions. When asked for the access key, type the word **spirit**. More information is available in the guidance office. Application deadline is Nov. 2, 2009.

Jack Buck Scholar-Leadership Award Program The Jack Buck Scholar-Leadership Award is awarded annually to a student in the St. Louis Metropolitan Area. The recipient must demonstrate outstanding character, academic ability, and the potential to be a leader in their community. Candidates must rank in the top 25% of their class; have a minimum GPA of 3.5 and a minimum ACT score of 27. This scholarship is for Southeast Missouri State University. The deadline is Dec. 15, 2009.

Wendy's High School Heisman Scholarship Are you a senior who participates in at least one sport? Are you a leader in your school and community? If you answered yes to these two questions, apply now for the 2009 Wendy's High School Heisman. Visit www.wendyheisman.com for more information and to apply.

Sam M. Walton Scholarships in Business are awarded to incoming freshman and current college students majoring in economics, finance, international business, management, or marketing at the MU College of Business. The primary qualifications are academic achievement and financial need. Deadline is February 1, 2009.

2010 Burger King Scholars Program Burger King Scholar's awards are \$1,000 each and may be used for educational expenses. To qualify a student must be a high school senior and a resident of the US. You must also maintain a 2.5 GPA, work part-time a minimum of 10 hours per week, be involved in community activities, demonstrate financial need, plan to enroll in an accredited two or four year college, university or vocational/technical school by Fall of 2010. The deadline to apply is Feb. 1, 2010. Applications are available online at <http://www.haveityourwayfoundation.org>.

Discover Duke University

A representative from Duke University admissions will present information and answer questions about the university, the admissions process, financial aid and much more. They will be at the Clayton High School on Sunday, September 13, 2009 at 6:00PM. To register and to see a listing of all Discover Duke program locations, please visit www.admissions.duke.edu.

ACT/SAT

The deadline to apply for the Oct. 24th ACT is this Friday, Sept. 18th. Bring your completed packet and payment to Mrs. Johnson and she will mail it for you.

ACT TEST

Test Date	Deadline to register
Sept. 12th	Aug. 7th
Oct. 24th	Sept. 18th
Dec. 12	Nov. 6th
Feb. 6th	Jan. 5th
Apr. 10th	Mar. 5th
June 12th	May 7th

SAT TEST

Test Date	Deadline to register
Oct. 10 th	Sept. 9th
Nov. 7 th	Oct. 1st
Dec 5 th	Oct. 30th
Jan. 23 rd	Dec. 15th
Mar. 13 th	Feb. 4th
May 1 st	Mar. 25
Jun 5 th	Apr. 29th

Packets to register are available in the guidance office. However you are encouraged to register on line.

ACT – www.actstudent.org

SAT – www.collegeboard.com

If you want to mail your registration, if you bring it to the guidance office, with your payment enclosed, at least two days before the registration deadline, we will mail the packet for you. Students who are on our free/reduced lunch form our entitled to two waivers to be used to pay for the registration fee.

ACT Prep Workshop

Webster University is sponsoring an ACT Prep Workshop on October 3, 2009 from 8:00AM to 2:30PM for seniors only. The fee is \$20.00 and you can register online at explore.webster.edu/actworkshop/ The workshop will include explanation of the ACT, diagnostic and intensive reviews of English, Mathematics, Reading and Science sections and an overview of the writing portion. Lunch and all materials are provided.

PSAT

Ninth, Tenth, and Eleventh grade students are encouraged to take the PSAT test. We will be offering this test to students in the 9th, 10, or 11th grade on October 14, 2009. The test will be given in the library and will begin at 8:00AM. The cost is \$6.00 for any student who does not participate in our free/reduced lunch program. **Any student interested in taking this test should sign up in the guidance office.**

Teen Talk

What: Teen Coffee Talk – a safe place to talk about life issues, dating, and relationships with other teens.

Who: Females aged 13 – 18 years old.

When: Mondays from 6:00 – 7:30PM Currently running and accepting new participants.

Where: Safe Connections
2165 Hampton Ave.

Job Opportunity

Mango's Restaurant on Watson Road in Shrewsbury is looking to hire bussers, dishwashers, and hostesses. You can go to the restaurant any day (including weekends) between 2 and 4 to apply. I also have applications here in the office that the student can fill out and Mr. Curtin will take to the restaurant for you.

The No Child Left Behind Federal Law allows high schools to release mailing information to the Armed Services for recruitment purposes. If you do not want your child's name and address released to the Armed Services, please contact Patti Johnson in the guidance office at 314-446-3805 by Friday, October 2, 2009.

Lists will be released to the Armed Forces at the beginning of November.